

TREATMENT TIPS FOR MANAGING ASCVD

FOR PATIENTS ON LEQVIO INJECTIONS



Here are some general tips for managing ASCVD for patients on Leqvio injections:

1. **Stick to your injection schedule:** Leqvio injections are typically given on a regular schedule, so make sure you keep up with your appointments to get the full benefit of the medication.
2. **Manage risk factors:** ASCVD is often associated with risk factors such as high blood pressure, high cholesterol, diabetes, and smoking. Speak with your healthcare professional about ways to manage your risk factors, such as making lifestyle changes, taking medication, or using medical devices.
3. **Follow a healthy lifestyle:** Maintaining a healthy lifestyle can help to support your overall health and improve your symptoms. This includes eating a well-balanced diet, getting regular exercise, and getting enough rest.
4. **Attend regular check-ups:** Regular check-ups with your healthcare professional can help to monitor your progress and adjust your treatment plan as needed. Make sure to attend all scheduled appointments and report any changes in your symptoms.
5. **Be aware of potential side effects:** Leqvio injections may cause side effects, such as injection site reactions, flu-like symptoms, or liver problems. Speak with your healthcare professional if you experience any side effects or have any concerns.
6. **Seek support:** ASCVD can be a challenging condition to manage, both physically and emotionally. Seek support from family, friends, or a support group to help you cope with the challenges of the condition.
7. **Stay informed:** Stay informed about your condition and treatment options by reading reputable sources of information, attending educational events, and asking your healthcare professional any questions you may have.

FOR MORE INFO

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