

TREATMENT TIPS FOR THYROID EYE DISEASE

FOR PATIENTS ON TEPEZZA INFUSIONS



Here are some general tips for managing Thyroid Eye Disease for patients on Tepezza* infusions:

1. **Stick to your infusion schedule:** Tepezza infusions are typically given over several months, so make sure you keep up with your schedule to get the full benefit of the medication.
2. **Manage symptoms:** Thyroid Eye Disease can cause a range of symptoms, such as eye pain, swelling, and double vision. Speak with your healthcare professional about ways to manage your symptoms, such as using lubricating eye drops or wearing sunglasses.
3. **Follow a healthy lifestyle:** Maintaining a healthy lifestyle can help to support your overall health and improve your symptoms. This includes eating a well-balanced diet, getting regular exercise, and getting enough rest.
4. **Attend regular check-ups:** Regular check-ups with your healthcare professional can help to monitor your progress and adjust your treatment plan as needed. Make sure to attend all scheduled appointments and report any changes in your symptoms.
5. **Be aware of potential side effects:** Tepezza infusions may cause side effects, such as nausea, headache, and muscle cramps. Speak with your healthcare professional if you experience any side effects or have any concerns.
6. **Seek support:** Thyroid Eye Disease can be a challenging condition to manage, both physically and emotionally. Seek support from family, friends, or a support group to help you cope with the challenges of the condition.
7. **Stay informed:** Stay informed about your condition and treatment options by reading reputable sources of information, attending educational events, and asking your healthcare professional any questions you may have.

**Tepezza is part of the Horizon infused brand portfolio.*

FOR MORE INFO

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