

TREATMENT TIPS FOR PROLASTIN INFUSION FOR PATIENTS WITH ALPHA-1 ANTITRYPSIN DEFICIENCY



What Is Prolastin and How Does It Work?

Prolastin is a medication made from donated human plasma. It replaces a missing protein in your body called **alpha-1 antitrypsin (AAT)**.

- AAT helps **protect your lungs from damage**
- People with Alpha-1 deficiency do not have enough AAT
- Prolastin raises your AAT level to help **slow lung damage over time**

Prolastin does **not** cure Alpha-1 deficiency and will not reverse lung damage, but it helps protect your lungs from further harm.

What to Expect During Your Infusion

- Prolastin is given through an **IV (vein)**
- Infusions usually take **15-20 minutes**
- Most patients receive treatment **once a week**
- You will be monitored during and after your infusion

Common Side Effects (After Infusion)

These may occur later the same day or within a few days:

- Tiredness
- Muscle or joint aches
- Headache
- Mild flu-like symptoms

FOR MORE INFO

sageinfusion.com or email: intake@sageinfusion.com

Lifestyle Choices That Help Your Treatment Work Better

Avoid Smoking

- Smoking causes major lung damage
- Even secondhand smoke can reduce the benefit of Prolastin®

Protect Your Lungs

- Avoid dust, fumes, and chemical irritants
- Wear masks if needed at work or during cleaning

Stay Up to Date on Vaccines

- Flu vaccine (yearly)
- Pneumonia vaccines as recommended
- COVID-19 vaccines if advised by your provider

Stay Hydrated

- Drinking water can help reduce headaches and fatigue after infusions

Stay Active (as able)

- Gentle exercise can improve breathing and overall health
- Pulmonary rehab may be helpful

Keep Regular Appointments

- Attend all scheduled infusions
- Follow up with your lung specialist regularly

Important for Families

- Alpha-1 Antitrypsin Deficiency is genetic.
- Family members should be tested for the Alpha-1 gene so they can understand their own risk and receive care if needed

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