

Shining a Light on the Invisible: World Lupus Day and the Path to Progress

Every year on **World Lupus Day**, observed on May 10, communities around the globe come together to raise awareness about lupus—a chronic autoimmune disease that affects millions of people worldwide. Despite its prevalence, lupus often remains misunderstood, making awareness efforts essential not only for early diagnosis but also for improving the quality of life for those living with the condition.

Lupus occurs when the immune system, which is designed to protect the body from infection, mistakenly attacks healthy tissues. This can lead to inflammation and damage in various parts of the body, including the skin, joints, kidneys, heart, and brain. Symptoms can vary widely from person to person, often including fatigue, joint pain, skin rashes, and periods of flare-ups followed by remission. Because of its complexity and unpredictability, lupus is sometimes called “the invisible illness,” as many of its symptoms are not immediately visible to others.

While there is currently no cure for lupus, advancements in treatment have brought meaningful progress and renewed hope. Sage Infusion plays an important role in delivering specialized therapies that help patients manage their condition more effectively. Among these treatments are Benlysta (belimumab) and Saphnelo (anifrolumab), both of which are designed to target specific pathways in the immune system that contribute to lupus activity.

Benlysta was the first medication specifically approved for lupus in decades and works by inhibiting

a protein that stimulates immune cells involved in the disease. Saphnelo, a newer therapy, targets type I interferon signaling, which plays a key role in the inflammatory process of lupus. Infusion centers like Sage Infusion provide

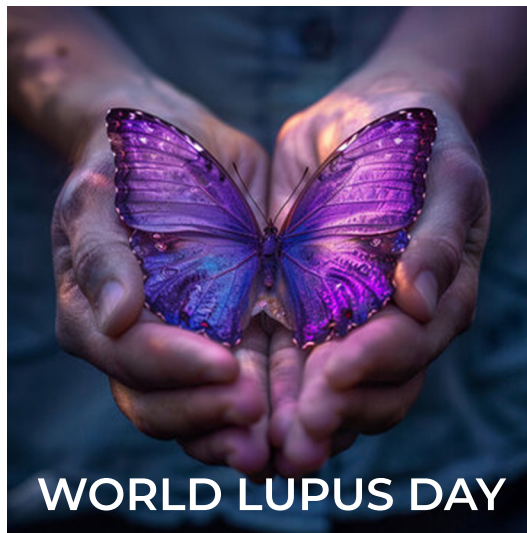
patients with access to these advanced biologic therapies in a supportive and clinically supervised environment, ensuring that treatment is both safe and tailored to individual needs.

Beyond medical care, living with lupus requires resilience, adaptability, and support. The journey can be challenging—physically, emotionally, and mentally—but it is important for patients to know they are

not alone. Support networks, advocacy groups, and healthcare providers all contribute to a growing community dedicated to empowering those affected by lupus.

On this World Lupus Day, let us not only raise awareness but also extend compassion and encouragement. For those living with lupus: your strength is seen, even on the days it feels invisible. Progress in research and treatment continues to move forward, bringing new options and better outcomes within reach. With the support of dedicated care teams such as Sage Infusion, paired with evolving therapies, many individuals with lupus are leading full, meaningful lives.

Hope is not just a sentiment—it is reflected in every breakthrough, every shared story, and every step forward in care. And on this day, and every day, that hope belongs to you.



WORLD LUPUS DAY